



Healthy Eating Action Strategies At-a-Glance

Action Strategies

These activities are available in their entirety at FuelUpToPlay60.com.

Grade Level

These are the recommended grade levels and are adaptable for your school/student team.

Involvement Level

Getting Started strategies require less involvement; *Going Further* strategies offer the chance for deeper involvement and impact. All Action Strategies can be adapted to meet the needs of your school and to tap your own creative ideas.

Student Interest and/or Skill Areas

While any student could help plan and implement an Action Strategy, students with these particular interests and skills will find special opportunities to contribute.

Bring On Breakfast

Action Strategies	Grade Level	Involvement Level	Student Interest and/or Skill Areas
Grab-n-Go Breakfast	Elementary; Secondary	Going Further	Community Service; Culinary; Marketing
A Hero's Breakfast	Elementary; Secondary	Going Further	Community Service; Culinary
Breakfast in the Classroom	Elementary	Going Further	Marketing; Culinary
Breakfast Picnic	Secondary	Going Further	Marketing; Culinary; Community Service
Taste Test Breakfast	Elementary; Secondary	Going Further	Marketing; Culinary; Community Service



Cafeteria Restyle

Action Strategies	Grade Level	Involvement Level	Student Interest and/or Skill Areas
Menu Makeover	Elementary; Secondary	Getting Started	Marketing; Culinary; Art
Cafeteria Culture	Elementary; Secondary	Getting Started	Marketing; Culinary; Art
A Little Paint Can Go a Long Way	Elementary; Secondary	Getting Started	Marketing; Art
In the "Hot" Seat	Elementary; Secondary	Going Further	Marketing; Art
Plenty of Time ... to Eat?	Elementary; Secondary	Going Further	Marketing; Culinary; Community Service

Making Nutritious Foods Fun

Action Strategies	Grade Level	Involvement Level	Student Interest and/or Skill Areas
Milk Mustache Booth	Elementary; Secondary	Getting Started	Marketing; Culinary; Photography
How Many Can You ...?	Elementary	Getting Started	Marketing; Culinary
Point-of-Purchase Promo	Elementary; Secondary	Getting Started	Marketing; Culinary; Art
If You Ask Them, They Will Eat	Elementary; Secondary	Getting Started	Marketing; Culinary; Art
Vending Revamp	Secondary	Going Further	Marketing; Culinary
Taste a Rainbow	Elementary; Secondary	Going Further	Marketing; Culinary



Try It, You'll Like It!

Action Strategies	Grade Level	Involvement Level	Student Interest and/or Skill Areas
Taste Test Days	Elementary; Secondary	Going Further	Marketing; Culinary; Art
Salad Bar Tryouts	Elementary; Secondary	Going Further	Marketing; Culinary
Build Your Own Shake-Up	Elementary; Secondary	Going Further	Marketing; Culinary
Recipe Contest	Secondary	Getting Started	Marketing; Culinary
Super Bowl Party	Elementary; Secondary	Getting Started	Marketing; Culinary